

# Bristol-Myers Squibb Foundation Grantee Summit

*Leadership in the Advancement of Health Equity*

***Princeton, New Jersey  
April 15, 2019***

---

**David Satcher, MD, PhD**

Founding Director & Senior Advisor  
Satcher Health Leadership Institute  
Morehouse School of Medicine  
16th U.S. Surgeon General

# Satcher Health Leadership Institute Mission



The mission of the Satcher Health Leadership Institute (SHLI) is to develop a diverse group of exceptional health leaders, advance and support comprehensive health system strategies, and actively promote policies and practices that will reduce and ultimately eliminate disparities in health.

# MOREHOUSE SCHOOL OF MEDICINE VISION STATEMENT

*“Leading the creation and  
advancement of health equity”*

---

***“Today, the need for leaders is too great to leave their emergence to chance.”***

# LEADERSHIP LESSONS FROM THE SATCHER HEALTH LEADERSHIP INSTITUTE

---

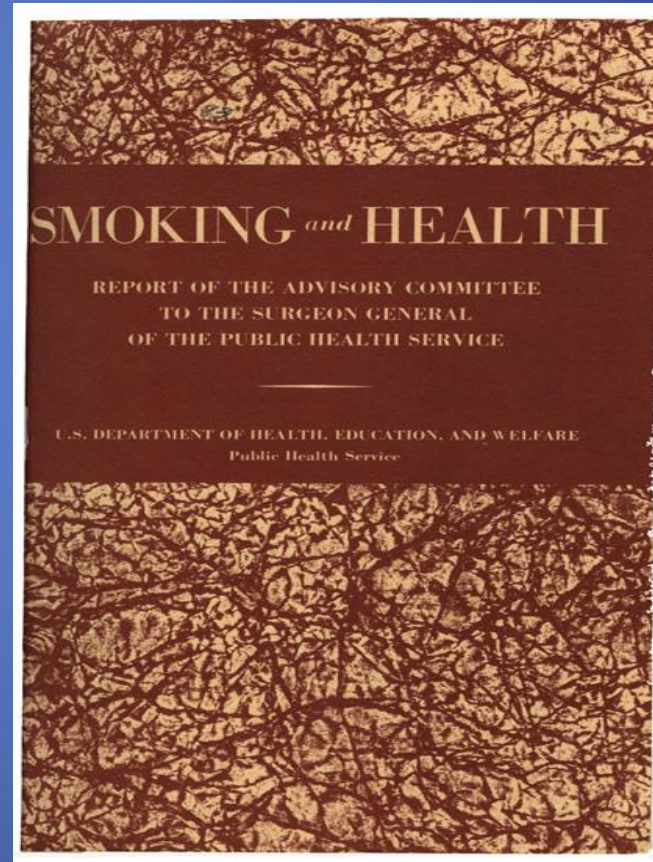
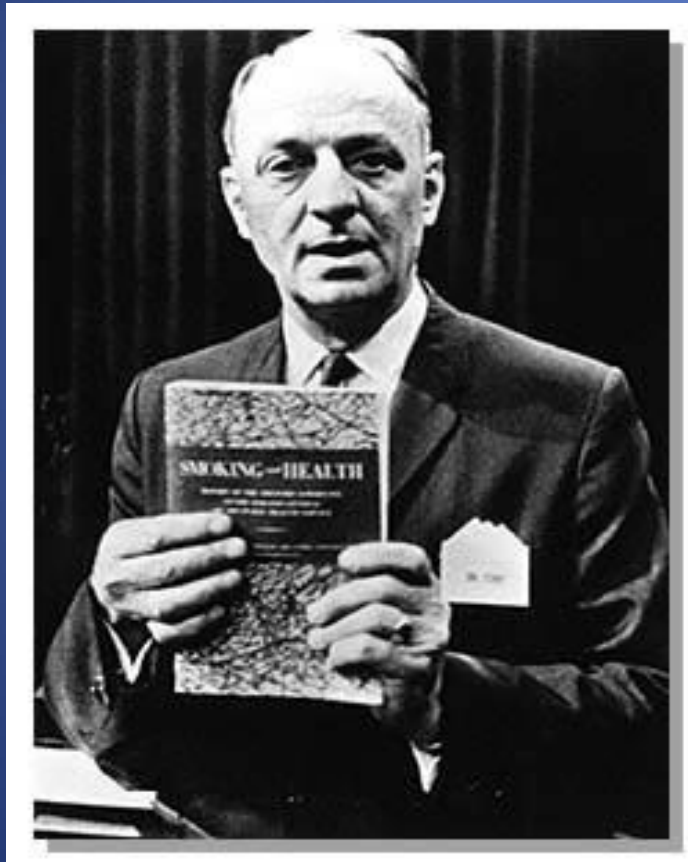
- Leadership Responds to Opportunities, Challenges and Crises.
- Leadership is a Team Sport.
- Leadership is Not Position Dependent.
- Effective Leadership Transforms communities.
- Leadership Requires a Global Perspective.
- Leadership is like a Relay Race.
- Leadership is about Partnerships.

# SATCHER HEALTH LEADERSHIP INSTITUTE

## LEADERSHIP DEVELOPMENT

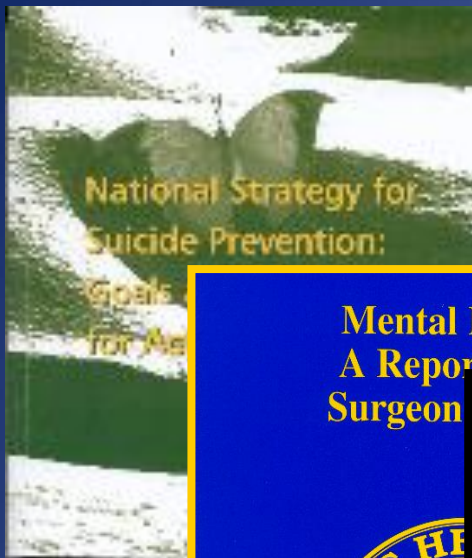
- Health Policy Fellows
- Community Health Leadership
- Health professions student rotations
- Quality Parenting

# The 50<sup>th</sup> Anniversary of the First Ever Surgeon General's Report on Smoking & Health



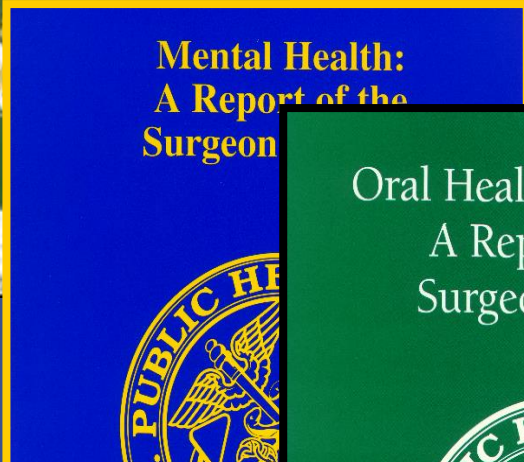
**JANURARY, 2014**

# Reports of the 16<sup>th</sup> Surgeon General



National Strategy for  
Suicide Prevention:

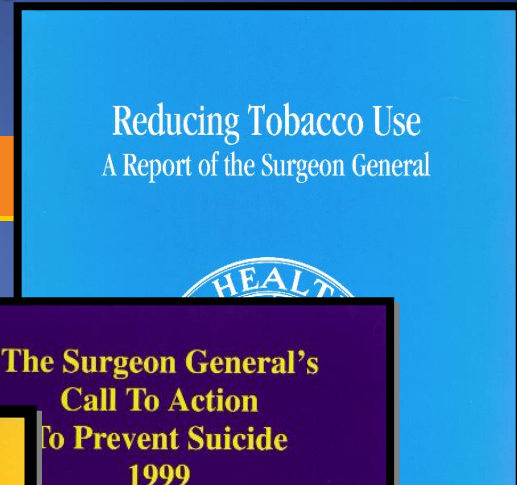
Goals  
for the Nation



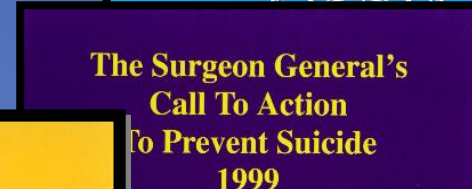
Mental Health:  
A Report of the  
Surgeon General



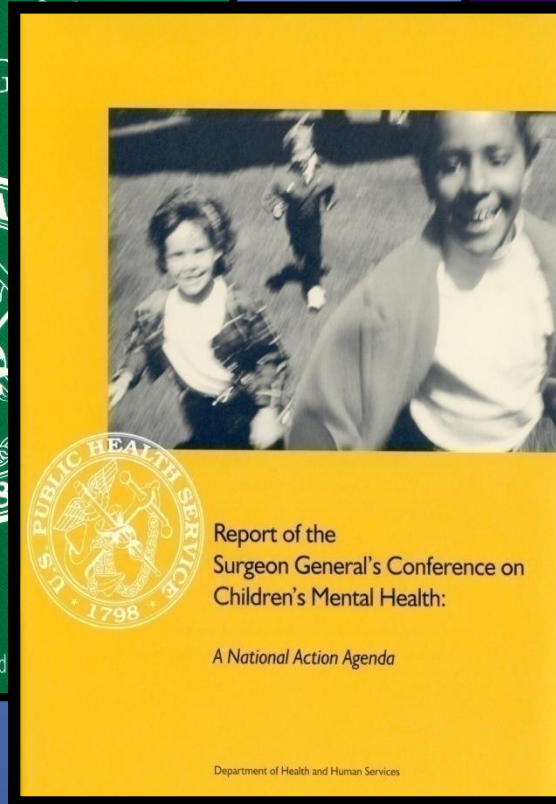
Oral Health in America:  
A Report of the  
Surgeon General



Reducing Tobacco Use  
A Report of the Surgeon General



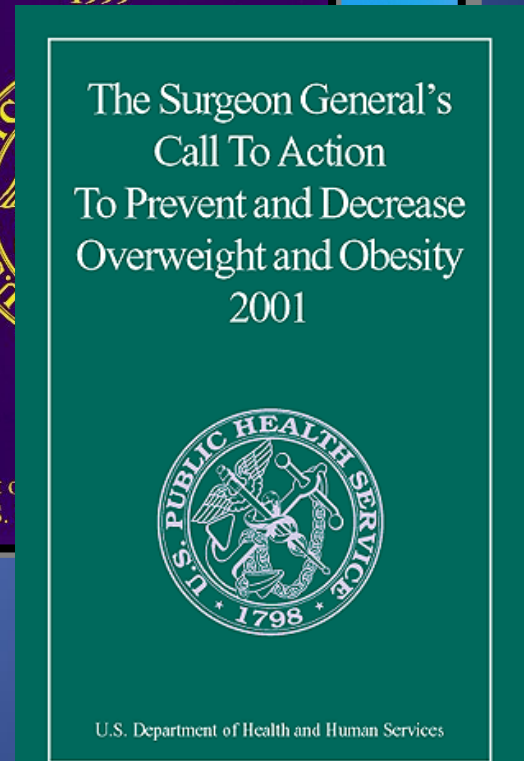
The Surgeon General's  
Call To Action  
To Prevent Suicide  
1999



Report of the  
Surgeon General's Conference on  
Children's Mental Health:

A National Action Agenda

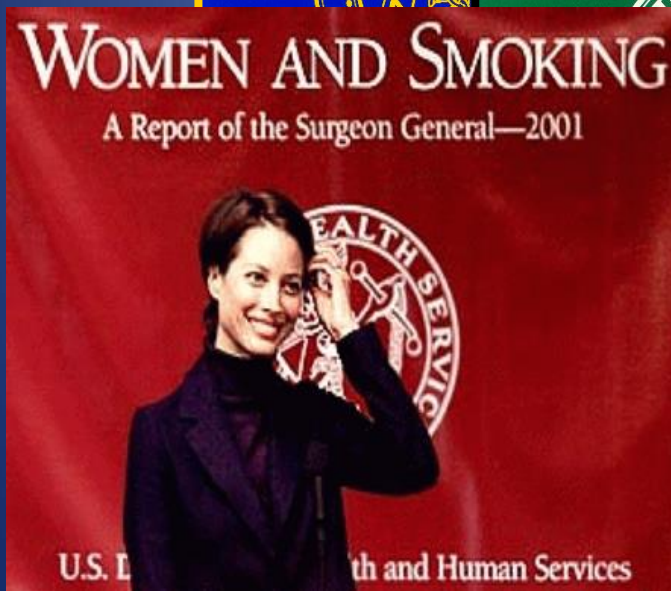
Department of Health and Human Services



The Surgeon General's  
Call To Action  
To Prevent and Decrease  
Overweight and Obesity  
2001



U.S. Department of Health and Human Services



WOMEN AND SMOKING

A Report of the Surgeon General—2001



U.S. Department of Health and Human Services

## Best available science





# HEALTHY PEOPLE 2010 GOALS OVERARCHING GOALS

- Increase Years and Quality of Healthy Life
- Eliminate Racial and Ethnic Health Disparities



# WHAT IF WE HAD ELIMINATED DISPARITIES IN THE LAST CENTURY?

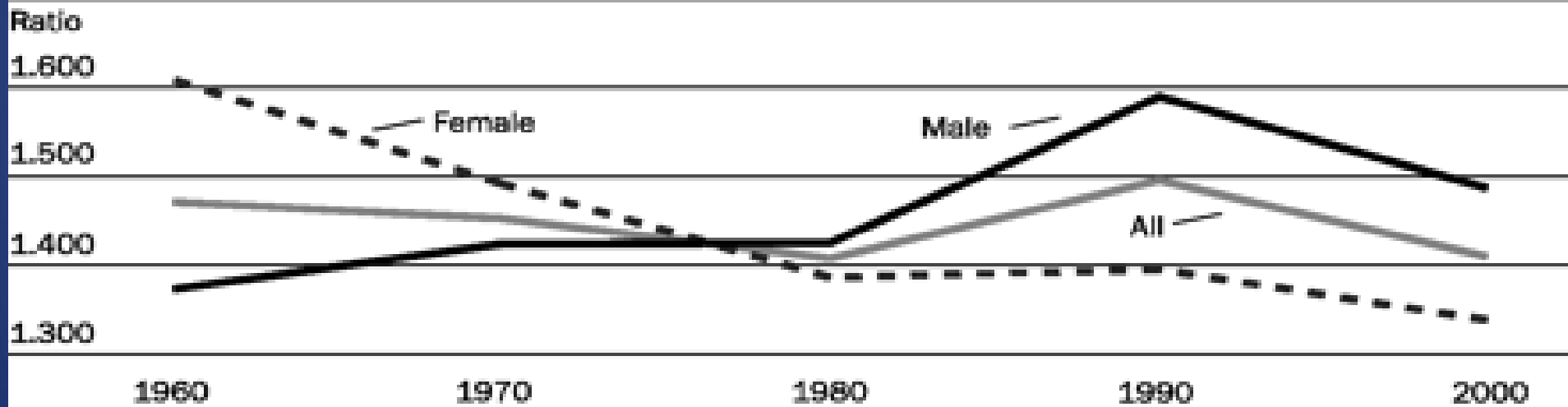
## Fewer Black Deaths in 2000

**83,500 overall**

- 24,000 from heart disease
- 7,000 from HIV / AIDS
- 4,700 infant deaths
- 22,000 from diabetes
- 2000 fewer Black women from breast cancer
  
- **More Health Insurance Coverage...**  
**2.5 million Blacks, including 620,000 children**

# WHAT IF WE WERE EQUAL?

**EXHIBIT 1**  
**Standardized Mortality Ratios For Blacks And Whites, By Sex, For Each Decade**  
**1960-2000**



**SOURCE:** National Center for Health Statistics, Vital Statistics Data, 1960-2000

**NOTES:** Standardized mortality ratio (SMR) is calculated by the direct method of rate standardization, in which the age-specific death rate among African Americans is divided by the corresponding age-specific rate for whites.

# WHAT ARE THE SOCIAL DETERMINANTS OF HEALTH?



- The conditions in which people are born, grow, live, work and age.
- They are shaped by the distribution of money, power and resources at global, national and local levels.
- Changes in the Social determinants of Health often require policy changes.

# What are Health Disparities?

---

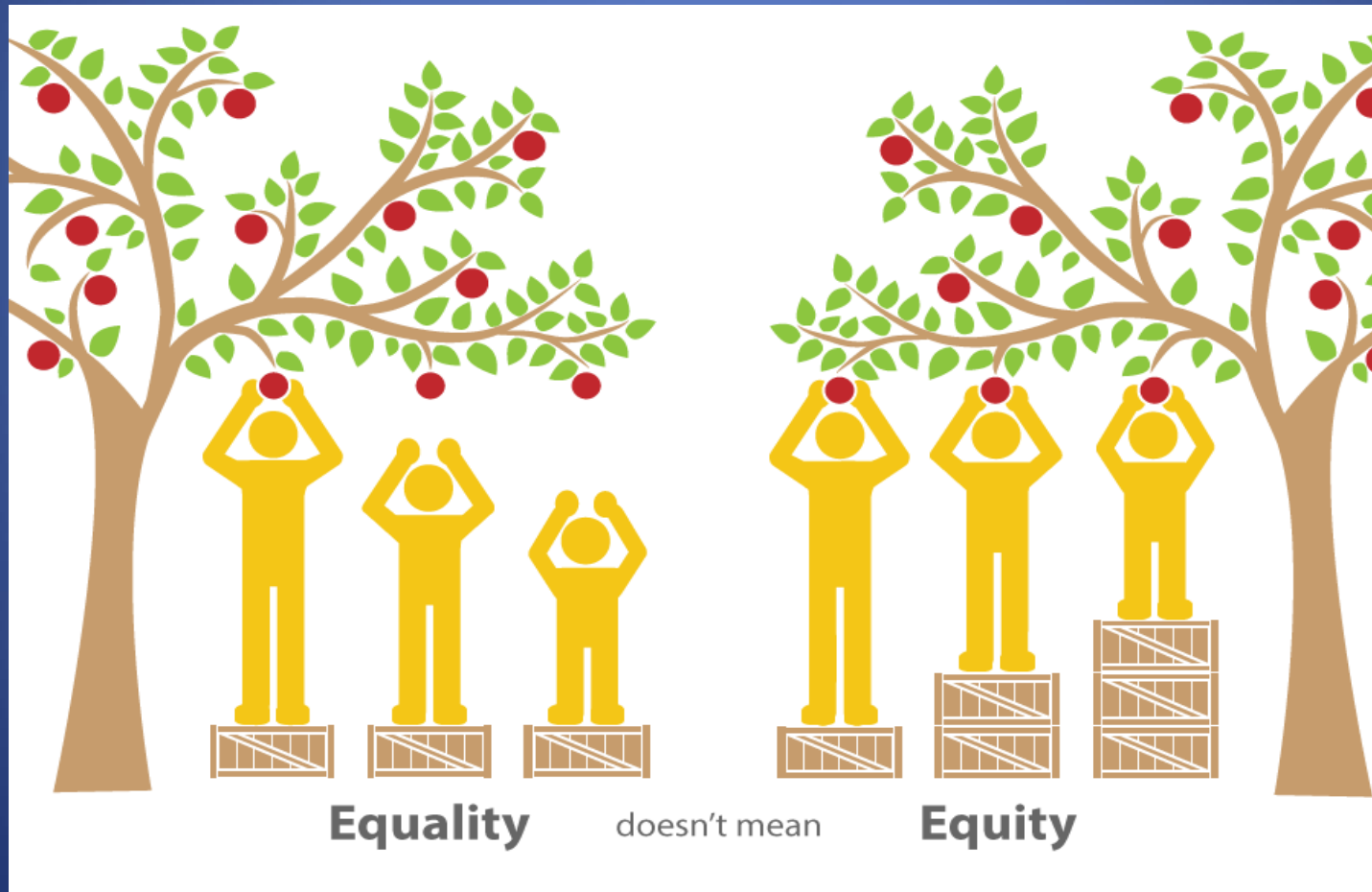
- **Healthy People 2020:** A particular type of health difference that is closely linked with social, economic, and/or environmental disadvantage.
- **NIH:** Differences in the incidence, prevalence, mortality, and burden of diseases and other adverse health conditions that exist among specific population groups.
- **CDC:** Preventable differences in the burden of disease, injury, violence, or opportunities to achieve optimal health that are experienced by socially disadvantaged populations.

# What is Health Equity?

---

- **Healthy People 2020:** Attainment of the highest level of health for all people.
- **WHO:** The absence of avoidable or remediable differences among groups of people, whether those groups are defined socially, economically, demographically, or geographically.
- **CDC:** When everyone has the opportunity to “attain their full health potential” and no one is “disadvantaged from achieving this potential because of their social position or other socially determined circumstance.” (Whitehead & Dahlgreen, 2007)

# Equality vs. Equity



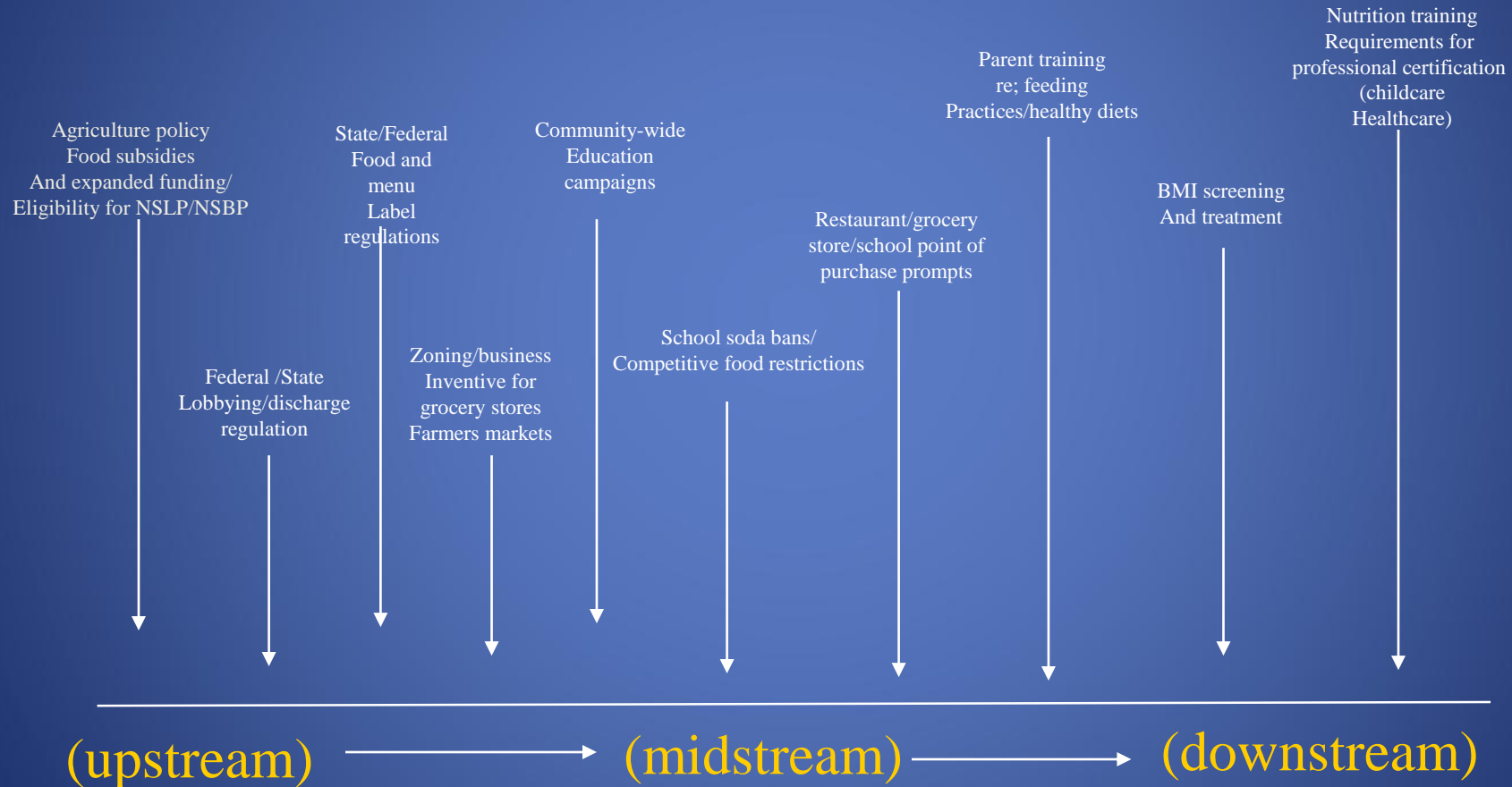


## Overarching Goals

- Attain high quality, longer lives free of preventable disease, disability, injury, and premature death.
- Achieve health equity, eliminate disparities, and improve the health of all groups.
- Create social and physical environments that promote good health for all.
- Promote quality of life, healthy development, and healthy behaviors across all life stages.



# McKINLAY'S POPULATION MODEL OF HEALTH PROMOTION: HEALTHY DIET FOR CHILDREN



Source: Based on McKinlay (1995), Glanz (1999)

# Lifestyle Indicators and the 16th Surgeon General's Rx

## PRESCRIPTION

(Not to be used to obtain medication or to contradict your own doctor's advice)

## 16TH SURGEON GENERAL OF THE UNITED STATES

- Moderate physical activity, at least 5 days a week, 30 minutes per day
- Eat at least 5 servings of fruits and vegetables a day
- Avoid toxins—tobacco, illicit drugs, and *abuse* of alcohol
- Responsible sexual behavior: abstinence plus optimal protection when sexually active
- Daily participation in relaxing and stress reducing activities with adequate sleep

Best Health Wishes  
David Satcher

**David Satcher, M.D., Ph.D.**

Director

The Satcher Health Leadership Institute Initiative  
Poussaint-Satcher-Cosby Chair in Mental Health  
Morehouse School of Medicine

720 Westview Drive, SW • Atlanta, GA 30310-1495  
(Office) 404-752-8654 (Fax) 404-752-1040

---

***In order to eliminate disparities in health and achieve health equity, we need leaders who first care enough, leaders who know enough, leaders who have the courage to do enough and leaders who will persevere until the job is done.***

# Bristol-Myers Squibb Foundation Grantee Summit

*Leadership in the Advancement of Health Equity*

***Princeton, New Jersey  
April 15, 2019***

---

**David Satcher, MD, PhD**

Founding Director & Senior Advisor  
Satcher Health Leadership Institute  
Morehouse School of Medicine  
16th U.S. Surgeon General