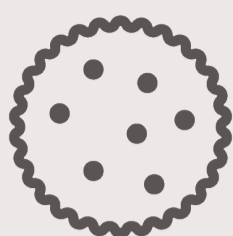


Lymphoma

What is lymphoma?



Lymphoma is a type of blood cancer that affects the development of white blood cells called **lymphocytes**, an important part of the **immune system**.¹

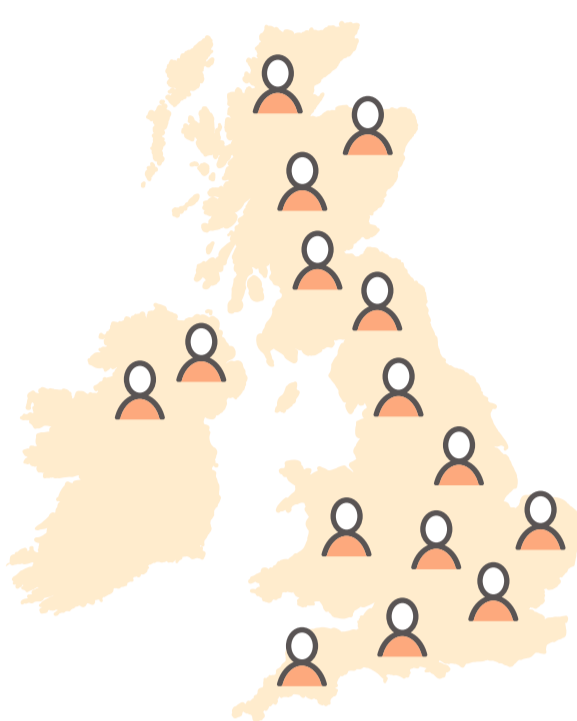
There are two main types of lymphoma:

Hodgkin lymphoma: white blood cells called **Reed-Sternberg cells** become cancerous and form lumps.²

Non-Hodgkin lymphoma (NHL): a cancer of the **lymphatic system**. There are more than **60** different types of NHL, which can behave in different ways and need different treatments.³

UK prevalence

Lymphoma is the **5th most common cancer**, and the most common **blood cancer**¹



Over **13,000** people are diagnosed with **NHL** every year⁴

About **2,000** people develop **Hodgkin lymphoma** each year²

Risk factors

Although it is often unknown exactly why someone has developed lymphoma, the following factors are known to impact a **person's risk**¹:



Age



Sex



Family history



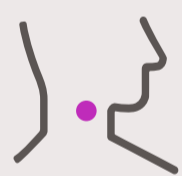
Lowered immunity



Infections

Signs and symptoms

Lymphoma symptoms vary depending on the type of lymphoma. Common symptoms can include⁵:



Swollen glands



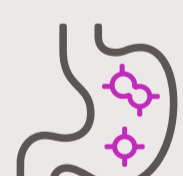
Chest pain, cough or breathlessness



Unusual bleeding or bruising



Fatigue



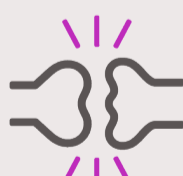
Feeling uncomfortably full or sick



Infections



Skin rashes



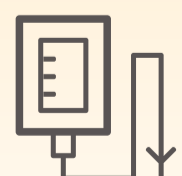
Bone pain



Itching

Treatment options

Lymphoma treatments vary depending on the **type of lymphoma** a person has, its **stage** and **symptoms**. Treatments include¹:



Chemotherapy



Targeted therapy



Radiotherapy

References:

1. Blood Cancer UK. Lymphoma. Available at: <https://bloodcancer.org.uk/understanding-blood-cancer/lymphoma/>. Last Accessed: March 2023.
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3. Cancer Research UK. Lymphoma. Available at: <https://www.cancerresearchuk.org/about-cancer/lymphoma/>. Last Accessed: March 2023.
4. NHS. Non-Hodgkin Lymphoma. Available at: <https://www.nhs.uk/conditions/non-hodgkin-lymphoma/>. Last Accessed: March 2023.
5. Blood Cancer UK. Lymphoma symptoms and signs. Available at: <https://bloodcancer.org.uk/understanding-blood-cancer/lymphoma/lymphoma-symptoms-signs/>. Last Accessed: March 2023.