



**Information for patients** prescribed YERVOY (ipilimumab) for unresectable or metastatic melanoma.

This guide contains answers to some common questions about YERVOY, but cannot replace the advice of your medical oncologist or other healthcare professional.



# Contacting your medical oncologist

Name of oncologist: .....

Phone number: .....

After-hours number: .....

Name of nurse: .....

Phone number: .....



This guide includes a Patient Alert Card. Always carry your Patient Alert Card with you and show it to any doctor you consult (for example, if your regular doctor is unavailable or you are travelling).

YERVOY® (ipilimumab) contains the active substance ipilimumab, a protein which helps your immune system to attack and destroy cancer cells.<sup>1</sup>

This guide has been designed to help you to identify any side effects that you may experience while you are on ipilimumab treatment.

You have been prescribed ipilimumab in order to treat advanced melanoma (a type of skin cancer) in adults.

- YERVOY can cause serious side effects in various parts of the body that need to be addressed immediately, regardless of their severity.<sup>1</sup>
- Symptoms may include diarrhoea, eye or skin yellowing, skin rash with or without itching, blurry vision, pain in the eye, muscle weakness, numbness or tingling in legs, arms or face, or headache.<sup>1</sup>
- Before you receive treatment, inform your doctor of all known medical conditions.
- Call your doctor immediately if you develop any of the symptoms described in this guide, any other symptoms, or if the symptoms persist or get worse.
- Always carry your Patient Alert Card with you and show it to any doctor you consult.
- For additional information about YERVOY, please refer to the Consumer Medicine Information.

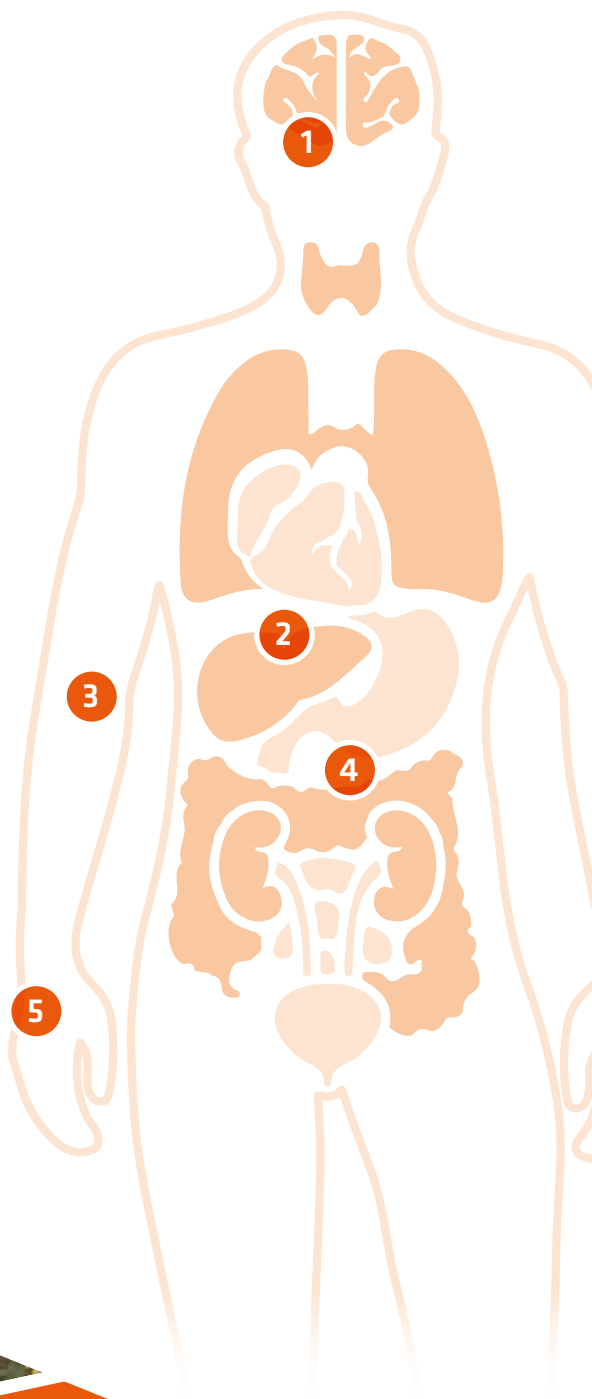
## The main side effects of your YERVOY treatment<sup>1</sup>

It is important to tell your doctor immediately if you have, or develop, any side effects such as those listed on the right.

Early treatment of side effects reduces the likelihood that your YERVOY treatment will need to be temporarily or permanently stopped, allowing you to gain the maximum benefit from treatment.

Also tell your doctor if your side effects worsen, even if they don't seem serious or you're not sure.

If side effects occur, they usually do so in the first 12 weeks of treatment. However, side effects may be delayed, and develop weeks or months after the last dose.



### 1 Eye<sup>1</sup>

- Redness in the eye
- Pain in the eye
- Vision problems or blurry vision

### 2 Liver<sup>1</sup>

- Eye or skin yellowing (jaundice)
- Pain on the right side of your stomach area
- Tiredness
- Dark urine

### 3 Nerve<sup>1</sup>

- Muscle weakness
- Numbness or tingling in legs, arms or face
- Dizziness
- Loss of consciousness or difficulty waking up

### 4 Bowel and stomach<sup>1</sup>

- Diarrhoea (watery, loose or soft stools)
- Bloody or darker-coloured stools
- More frequent bowel movements than usual
- Pain or tenderness in your stomach, or abdominal area
- Nausea
- Vomiting

### 5 Skin<sup>1</sup>

- Skin rash with or without itching
- Blisters and/or peeling of the skin
- Mouth sores
- Dry skin

### General<sup>1</sup>

- Fever
- Headaches
- Tiredness
- Bleeding
- Behavioural changes (e.g. less sex drive, being irritable or forgetful)

- **Under no circumstances should you attempt to treat these symptoms yourself. You should seek medical assistance.**
- **Always carry your Patient Alert Card with you and show it to any doctor you consult (for example, if your regular doctor is unavailable or you are travelling).**

## What to expect with your YERVOY treatment<sup>1</sup>

### **Before treatment, your doctor may check:**

- if you are taking corticosteroids or other treatments that affect the immune system
- if you are taking any medicines that stop your blood from clotting (anticoagulants)
- liver function tests (LFTs)
- thyroid function tests
- if you have an autoimmune disease (a condition where the body attacks its own cells)
- your general physical condition to determine whether you are suitable for treatment
- if you have or have ever had a chronic viral infection of the liver, including:
  - hepatitis B (HBV)
  - hepatitis C (HCV)
- if you have human immunodeficiency virus (HIV) infection or acquired immune deficiency syndrome (AIDS).

Also tell your doctor if you are pregnant, breast-feeding or planning to become pregnant.

## Where to find further information

Your oncologist and any other member of your cancer treatment team will be able to answer any questions you have related to your YERVOY treatment or condition.

Remember, there are always people to help you through the challenges associated with your diagnosis and treatment. You can discuss the various services available to you with your cancer treatment team.

For local support and further information, contact:

### Australia

The Cancer Council Australia on **13 11 20** or visit the website at [www.cancer.org.au/about-cancer/patient-support/](http://www.cancer.org.au/about-cancer/patient-support/)

### New Zealand

The Cancer Society of New Zealand on **0800 226 237** or visit the website at <https://cancernz.org.nz/>

For additional information, consult the YERVOY Consumer Medicine Information, or call Medical Information on **1800 067 567** (AU) or **0800 167 567** (NZ).

For treatment-related questions, always consult your medical oncologist.





Please consult the YERVOY (ipilimumab) Consumer Medicine Information or call **BMS Medical Information** on **1800 067 567** (AU), or **0800 167 567** (NZ) for more information.

**Reference: 1.** YERVOY (ipilimumab) Approved Product Information, April 2015 (AU) / Data Sheet, August 2016 (NZ)

#### **Australia**

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#### **New Zealand**

YERVOY (ipilimumab) 5mg/mL is a prescription medicine that may be used to treat advanced melanoma. YERVOY has risks and benefits. Ask your Doctor if YERVOY is right for you. Use YERVOY strictly as directed. If symptoms persist or you have side effects see your Doctor. Please refer to the Consumer Medicine Information available upon request from the **BMS Medical Information** department by calling 0800 167 567 or at [www.medsafe.govt.nz](http://www.medsafe.govt.nz). YERVOY is an unfunded medicine. Medicine costs and normal Doctor charges will apply.

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