



OUR MISSION

The mission of the Bristol-Myers Squibb Foundation is to promote health equity and improve the health outcomes of populations disproportionately affected by serious diseases and conditions, by strengthening community-based health care worker capacity, integrating medical care and community-based supportive services, and mobilizing communities in the fight against disease.

The Foundation engages partners to develop, execute, evaluate and promote innovative programs to help patients with lung cancer in the United States; HIV and comorbid diseases such as cervical and breast cancers, tuberculosis and mental health disorders in sub-Saharan Africa; hepatitis B and C in China and India; veterans' mental health and well-being in the U.S.; and type 2 diabetes in the U.S., China and India. The Foundation also is working to build cancer nursing capacity in Central and Eastern Europe; and to expand access to specialty care for vulnerable populations with lung cancer, skin cancer or HIV in the U.S.

VETERANS' MENTAL HEALTH IN THE UNITED STATES

There are 2.4 million veterans of the military conflicts in Iraq and Afghanistan and this number will rise to more than 3 million by 2016. Returning soldiers are faced with innumerable challenges as they resume civilian life. According to the Pew Research Center, 44 percent of post-9/11 veterans say their readjustment to civilian life was difficult. Veterans face a multitude of physical and mental health challenges, and their families often experience these challenges as well.

The Bristol-Myers Squibb Foundation's **Mental Health and Well-Being** initiative focuses on effective community-based solutions to address the mental health and community reintegration needs of veterans, military service members, their families and families of the fallen. To date, the Foundation has committed \$24 million to mobilize communities by developing, implementing and evaluating novel models of community-based care and support for veterans and their families.

PARTNERSHIPS AND GRANTS

The Bristol-Myers Squibb Foundation has fostered partnerships with prestigious academic institutions and veterans service organizations that seek to advance high-quality care and support for our returning heroes. **Our program partners and their activities for advancing care and support for veterans and their families include:**

America's Warrior Partnership will receive \$2,961,536 over four years for project **Operation Deep Dive** to identify critical markers of suicide amongst the veteran population to understand and enable the development of more effective programs to reduce suicide among former service members. The project aims to take a "deep dive" into the individual, organizational, and community factors that contribute to suicides and early mortality due to self-harm among all those who have served in our armed forces.

Blue Star Families will receive \$746,930 over 3 years to implement the **Connected Communities Pilot** that is aimed at reducing social isolation and addressing the mental health and well-being of military families. The grant will support the creation of an innovative community model that engages and connects local military families and the civilian community to create a measurable mental health and economic impact in the San Diego, California and New York City Tri-State region military communities.

Boston University will receive \$1,052,563 over three years to adapt and evaluate their **VetChange** program, a self-directed, web-based intervention which helps recent returnees from combat significantly reduce their risky drinking and related post-traumatic stress (PTSD) symptoms, into a consumer-ready dissemination version.

Code of Support Foundation will receive \$470,000 to ramp up their cloud-based platform, **PATRIOTlink™**, a strategically populated provider assistance tool that allows easy navigation to find resources that are most appropriate for the needs of the service members, veterans, and their families. The funding will allow the PATRIOTlink platform to scale to a level that will make it sustainable past initial funding investment.

Mental Health and Chaplaincy Office at the Veterans Health Administration will receive \$729,037 over two years to implement the program **Equipping Faith Communities and Clergy to Care for Veterans with Mental Health Problems**. The project team will develop and pilot a sustainable community-based model to train and engage clergy and congregation members in faith communities to better understand and assist in addressing both the struggles and opportunities for veterans and their families with respect to belonging and meaningful reintegration into faith communities.

RAND Corporation will perform an evaluation of the **Military and Veterans Online Peer Support Community Program** through a \$425,000 evaluation grant. The *Military and Veteran Online Peer Support Community Program* is implemented by **The Red Cross**. The Red Cross will receive \$326,125 to continue the implementation of this previously funded program to coincide with the data collection, analysis and outcomes in an evaluation study that will be conducted by RAND Corp.

The Red Cross will receive \$552,500 over two years for their project **Military and Veteran Caregiver Peer Support Group Network** which will develop and launch the Online Peer Support Community Program, part of the Military and Veteran Caregiver Network that provides a structured, digital, social support environment for caregivers to help increase their sense of connectedness, engagement and hopefulness while reducing their reported feelings of isolation.

Rosalyn Carter Institute will receive \$600,000 over three years to pilot **Operation Family Caregiver**, an evidence-based intervention, using an all-volunteer workforce in partnership with the **Blue Star Families** whereby volunteer coaches will empower military caregivers to navigate local services and learn how to better cope with and handle the long-term challenges of care giving.

University of Michigan's Military Support Programs and Networks (M-SPAN) program After Her Service will receive \$585,198 over three years to develop, implement and evaluate an evidence-based resiliency pilot program tailored for post 9-11 women veterans and offered in a 2½ day retreat format, combined with follow-up services that include a coaching intervention and ongoing social media support. The Mission Continues will be an integral partner for outreach and recruitment of female veterans to the program.

University of Michigan's Military Support Programs and Networks (M-SPAN) will receive \$848,870 over two years for their project **Peer Advisors for Veteran Education (P.A.V.E)** to develop a replicable and scalable version of the earlier funded version of the P.A.V.E model, a peer to-peer program connecting student veterans on participating college campuses with peer advisors who can help them navigate college life, identify challenges and refer them to the appropriate resources on or off campus when needed.

Volunteers of America will receive \$918,443 over 2 years for their **Spiritual Resiliency Training Program** which will design and pilot a program to support veteran's recovery from moral injury via a peer-facilitated, multi-dimensional group process. The Spiritual Resiliency Training (SRT) program's prevention-based approach to veteran well-being will involve a peer leadership system employing a military squad model of trust and bonding, and complementary alternative therapy strategies, such as mindfulness and the arts, to enhance recommended protocols and to reinforce integrative skills for emotional stability.

Zero8Hundred will receive \$396,561 over two years to expand the **Military Transition Support Project** and implement a comprehensive program focused on supporting transitioning military families. Zero8hundred 2.0 will pilot the community reintegration model and measure outcomes with three additional branches of the armed services in two counties, including US Army, US Air Force, Reserves and National Guard members, as well as evaluate the model with service members and their families who are reintegrating in different geographic areas from their military command. The grant will support the behavioral health needs of these families with individualized and intensive peer navigation assistance, assessment and strategic interventions for their psychological well-being.

