



OUR MISSION

The mission of the Bristol-Myers Squibb Foundation is to promote health equity and improve the health outcomes of populations disproportionately affected by serious diseases and conditions, by strengthening community-based health care worker capacity, integrating medical care and community-based supportive services, and mobilizing communities in the fight against disease.

The Foundation engages partners to develop, execute, evaluate and promote innovative programs to help patients with lung cancer in the United States; HIV and comorbid diseases such as cervical and breast cancers, tuberculosis and mental health disorders in sub-Saharan Africa; hepatitis B and C in China and India; veterans' mental health and well-being in the U.S.; and type 2 diabetes in the U.S., China and India. The Foundation also is working to build cancer nursing capacity in Central and Eastern Europe; and to expand access to specialty care for vulnerable populations with lung cancer, skin cancer or HIV in the U.S.

VETERANS' MENTAL HEALTH IN THE UNITED STATES

There are 2.4 million veterans of the military conflicts in Iraq and Afghanistan and this number will rise to more than 3 million by 2016. Returning soldiers are faced with innumerable challenges as they resume civilian life. According to the Pew Research Center, 44 percent of post-9/11 veterans say their readjustment to civilian life was difficult. Veterans face a multitude of physical and mental health challenges, and their families often experience these challenges as well.

The Bristol-Myers Squibb Foundation's **Mental Health and Well-Being** initiative focuses on effective community-based solutions to address the mental health and community reintegration needs of veterans, military service members, their families and families of the fallen. To date, the Foundation has committed \$18 million to mobilize communities by developing, implementing and evaluating novel models of community-based care and support for veterans and their families.

PARTNERSHIPS AND GRANTS

The Bristol-Myers Squibb Foundation has fostered partnerships with prestigious academic institutions and veterans service organizations (VSOs) that seek to advance high-quality care and support for our returning heroes. Our program partners and their activities for advancing care and support for veterans in their families:

University of Michigan's Military Support Programs and Networks (M-SPAN)'s program **After Her Service** will receive \$585,198 to develop, implement and evaluate an evidence-based resiliency pilot program tailored for post 9-11 women veterans and offered in a 2½ day retreat format, combined with follow-up services that include a coaching intervention and ongoing social media support. The Mission Continues will be an integral partner for outreach and recruitment of female veterans to the program.

RAND Corporation will perform an evaluation of **TAPS Military and Veterans Online Peer Support Community Program** through a \$425,000 grant. The Military and Veteran Online Peer Support Community Program implemented by **Tragedy Assistance Program for Survivors (TAPS)**. TAPS will receive \$ 326,125 to continue the implementation of this previously funded program to coincide with the data collection, analysis and outcomes in an evaluation study that will be conducted by RAND Corp.

RAND Corporation's project **Mapping Evidence for Peer Support programs for Military, Veterans and Care-givers Wellbeing** will receive a \$175,000 grant to map the distribution of evidence for peer support programs for veterans. The project will provide an overview of the focus, quantity and quality of existing research on peer-led interventions that are related to health promotion and disease prevention. It will identify different types of peer-support programs based on the formal roles that peers play, including providing social support, mentorship, information and referral and treatment.

Code of Support Foundation's project **The Warrior, Veteran and Family Support National Collaborative** will receive \$525,000 to pilot their cloud-based platform, PATRIOTlink™, a strategically populated provider assistance tool that allows easy navigation to find resources that are most appropriate for the needs of the service members, veterans, and their families.

Zero8Hundred's Military Transition Support Project will receive \$397,422 over two years to implement a comprehensive program focused on supporting transitioning military families in San Diego. The grant will support the behavioral health needs of these families with individualized and intensive peer navigation assistance, assessment and strategic interventions for their psychological well-being.

Rosalyn Carter Institute's Operation Family Caregiver: will receive \$600,000 to pilot an evidence-based intervention using an all-volunteer workforce in partnership with the Blue Star Families whereby volunteer coaches will empower military caregivers to navigate local services and learn how to better cope with and handle the long-term challenges of care giving.

Regents of the University of Michigan's project **Peer Advisors for Veteran Education (P.A.V.E)** will receive \$848,870 over two years to develop a replicable and scalable version of the earlier funded version of the P.A.V.E model, a peer to-peer program connecting student veterans on participating college campuses with peer advisors who can help them navigate college life, identify challenges and refer them to the appropriate resources on or off campus when needed.

Sesame Workshop's Sesame Street for Families Transitioning from Military to Civilian Life will receive \$750,000 over two years to create resources for the Sesame Street for Families Transitioning from Military to Civilian Life program that will support the stability and well-being of transitioning military families with young children.

Tragedy Assistance Program for Survivors (TAPS)'s project **Military and Veteran Caregiver Peer Support Group Network** will receive \$552,500 over two years to develop and launch the Online Peer Support Community Program, part of the Military and Veteran Caregiver Network that provides a structured, digital, social support environment for caregivers to help increase their sense of connectedness, engagement and hopefulness while reducing their reported feelings of isolation.

The Mission Continues' project **Empowering Veterans Through Returning to Service as Civilians:** will receive \$705,375 over 18 months to expand its new Service Platoon model that empowers groups of veterans to continue to serve back home, in their local communities, and to assess the impact of that volunteer service on their overall well-being, including their mental health.

Boston University's VetChange will receive \$1,052,563 over three years to adapt and evaluate VetChange, a self-directed, web-based intervention which helps recent returnees from combat significantly reduce their risky drinking and related post-traumatic stress (PTSD) symptoms, into a consumer-ready dissemination version.

Minnesota Veterans Medical Research and Education Foundation's project **Building Spiritual Strength** will receive \$601,597 over two years to implement and evaluate Building Spiritual Strength, a new spiritually integrated program that trains and uses pastoral counselors to address veterans' issues of moral injury relevant to combat trauma.

National Alliance on Mental Illness (NAMI), NAMI Homefront will receive \$750,000 over three years to adapt its evidence-based Family-to-Family Education program to the unique needs of military families.

The Volunteers of America's Spiritual Resiliency Training Program will receive \$918,443 over 2 years to design and pilot a program to support veteran's recovery from moral injury via a peer-facilitated, multi-dimensional group process. The Spiritual Resiliency Training (SRT) program's prevention-based approach to veteran well-being will involve a peer leadership system employing a military squad model of trust and bonding, and complementary alternative therapy strategies, such as mindfulness and the arts, to enhance recommended protocols and to reinforce integrative skills for emotional stability.