

Lupus

Lupus is an autoimmune disease that can affect many organ systems in different ways. The cause of lupus is unknown, but is thought to be a combination of genetic, environmental and hormonal factors.^{1,2}



Types of Lupus

There are 4 main types of lupus^{1,3,4}:

Systemic lupus erythematosus (SLE)

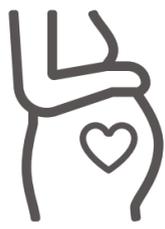
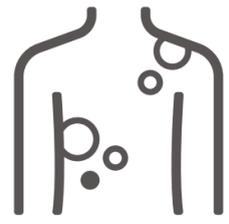


- Most common type, representing about **70%** of all lupus cases
- Commonly referred to as only ‘lupus’
- Can affect almost any organ system, including the skin and joints, and can also cause fatigue
- Up to **~60%** of SLE patients develop lupus nephritis (inflammation of the kidney)⁵
- Treated with medications and lifestyle changes; limited therapeutic options exist
- **40%-60%** of patients with SLE may not adequately respond to treatment⁶

[Learn more](#)

Cutaneous lupus erythematosus (CLE)⁷

- Three types of cutaneous lupus: discoid (DLE), subacute (SCLE) and acute (ACLE)
- Limited to the skin, causing red, scaly rash
- **5%-25%** of patients with CLE may develop SLE⁸
- CLE may occur in patients with SLE
- Can often be managed with medications and lifestyle changes



Neonatal and pediatric lupus erythematosus (NLE)⁹

- Rare condition that may affect newborns of women who have SLE
- Caused by antibodies from the mother that impact the child
- Usually affects the heart, liver and skin
- Typically resolves in 4 to 6 months with no lasting effects

Drug-induced lupus (DIL)¹⁰

- Occurs after exposure to certain medications
- Can affect various organ systems
- Symptoms will typically go away once the medication is stopped



Diagnosis & Treatment

Diagnosing lupus can be challenging due to the many parts of the body it can affect and the varying symptoms from person to person. No one test can diagnose lupus.¹¹ Different types of lupus will require different evaluations and considerations by healthcare providers.

Tests may include¹¹:

- Complete blood count and erythrocyte sedimentation rate
- Liver and kidney assessments
- Urine analysis
- Antinuclear antibody test
- X-rays and echocardiograms
- Skin biopsy



Lupus is typically managed by a **multidisciplinary care team** with close involvement of a **rheumatologist**.

Treatment of lupus will depend on the type, signs and symptoms and severity of the disease.¹

Who is Impacted by Lupus?

9 out of 10 lupus patients are women.⁴

SLE predominantly impacts women of childbearing age.¹²

Women from racial and ethnic minority groups: ^{4,13}

Tend to develop lupus at a younger age

Experience more serious complications

Have higher mortality rates

Bristol Myers Squibb is committed to identifying and pursuing new treatment options to help deliver transformational medicines for patients with lupus and other immune-mediated diseases.

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