MOVING FORWARD

YOUNG ADULTS WITH CANCER

As a young adult battling cancer, you may have specific concerns. Know that there are resources and support groups that can help.

FINANCES

1. How do I manage my debt (student, car, mortgage)?
2. What do I need to know about estate planning?
3. Where can I get help with financial planning?

Family Reach: www.familyreach.org
National Cancer Legal Services Network: www.nclsn.org
Stupid Cancer®: www.stupidcancer.org
The Samfund: www.thesamfund.org

CAREER

1. What is disability insurance and do I qualify?
2. How do I balance working while receiving treatment and/or taking time off?
3. How do I adjust to returning to work?
4. Am I (or my caregivers) eligible for medical leave?

Cancer + Careers: www.cancerandcareers.org
Cancer Finances: www.cancerfinances.org
Stupid Cancer®: www.stupidcancer.org
Workplace Transitions: www.workplacetransitions.org

ACCESS

1. Where can I find information about clinical trials?
2. What resources are available for treatment assistance?
3. What if I can’t work and lose my health insurance?

Cancer + Careers: www.cancerandcareers.org
Cancer Research Institute (Clinical Trial Finder): www.cancerresearch.org
Cancer Financial Assistance Coalition (CFAC): www.cancerfac.org
Stand Up To Cancer: www.standuptocancer.org
Stupid Cancer®: www.stupidcancer.org

FAMILY & COMMUNITY

1. Will my treatment affect fertility? How should I plan for a family?
2. What if I just want to connect with someone who is going through a similar experience?
3. How do I tell my family/friends I have cancer?
4. What if I need someone to drive me to treatments?
5. How do I find support in caring for my young child?

American Cancer Society (Road to Recovery program): www.cancer.org
Angel Wheels: www.angelwheels.org
Aunt Bertha: www.auntbertha.com
Cancer Care: www.cancercare.org
Cancer Hope Network: www.cancerhopenetwork.org
Cancer Support Community: www.cancersupportcommunity.org
Fertile Action: www.fertileaction.org
GRYT app: www.grythealth.com
Imerman Angels: www.imermanangels.org
Kids Konnected: www.kidskonncected.org
Livestrong (Fertility): www.livestrong.org
Mommy and Me Cancer Foundation: www.mamcf.org
SaveMyFertility: www.savemyfertility.org
Stupid Cancer®: www.stupidcancer.org
The Samfund: www.thesamfund.org

Bristol-Myers Squibb is not affiliated with nor endorses these organizations.
LEARN ABOUT RESOURCES AND SUPPORT GROUPS THAT CAN HELP YOUNG ADULTS FIGHTING CANCER.