

Moving forward

Young adults with cancer

As a young adult living with cancer, you may have specific concerns. Know that there are resources and support groups that can help.



Finances

- 1. How do I manage my debt (student, car, mortgage)?
- 2. Where can I get help with financial planning?
- 3. What do I need to know about estate planning?

Cancer Support Community

Family Reach

National Patient Advocate Foundation

Stupid Cancer®



Career

- 1. What is disability insurance and do I qualify?
- 2. How do I balance working while receiving treatment and/or taking time off?
- 3. How do I adjust to returning to work?
- **4.** Am I eligible for medical leave? Are my caregivers eligible for leave?

American Cancer Society

Cancer Care

Cancer + Careers

Stupid Cancer®



Access

- 1. Where can I find information about clinical trials?
- 2. What resources are available for treatment assistance?
- 3. What if I can't work and lose my health insurance?

Cancer + Careers

Cancer Research Institute (Clinical Trial Finder)

National Patient Advocate Foundation

Stand Up To Cancer

Stupid Cancer®



Family & Community

- 1. Will my treatment affect fertility? How can I plan for a family?
- **2.** What if I just want to connect with someone who is going through a similar experience?
- 3. How do I tell my family/friends I have cancer?
- **4.** How do I find support in caring for my young child?

American Cancer Society

Cancer Care

Cancer Support Community

Elephants and Tea

GRYT app

Stupid Cancer®

