

# Are you or a loved one dealing with leukemia or lymphoma?

A diagnosis of leukemia or lymphoma can be overwhelming for you and those closest to you. But, know that you are not alone. There are people and organizations that can help.

## You may have questions about:



Treatment Options



Understanding the Diagnosis



Managing Side Effects



Caring for Family



Handling Job Responsibilities



Managing the Cost of Care



Coping With Symptoms



Continuing Daily Activities

## BE AN ADVOCATE

**Patient advocacy organizations can help you with:**

- ✓ Educational Materials
- ✓ Free Professional Counseling Services
- ✓ Understanding Insurance Benefits
- ✓ Financial & Transportation Assistance
- ✓ Finding Clinical Trials Near You
- ✓ Connecting With Other Patients

*Resources available for patients & caregivers*

## ASK QUESTIONS

**What are some resources available to me?**

Let patient advocacy organizations help. Details on back.



Bristol-Myers Squibb

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## CancerCare

[cancercares.org](http://cancercares.org)

800-813-4673

- Counseling and support groups
- Community in-person and online education workshops
- Financial assistance



CANCERcare®

## Cancer Support Community

[cancersupportcommunity.org](http://cancersupportcommunity.org)

888-793-9355

- Frankly Speaking About Cancer® booklets & webinars
- Cancer Support Helpline telephone support
- In-person support groups, education, healthy lifestyle workshops
- Online Cancer Experience Registry



CANCER SUPPORT  
COMMUNITY

A Global Network of Education and Hope

## Leukemia & Lymphoma Society

[lls.org](http://lls.org)

800-955-4572

- Speak one-on-one with an expert Information Specialist and clinical trial nurse navigator
- Peer-to-peer support program and in-person support groups
- Weekly online chat for caregivers
- Disease information booklets and web programs
- Co-pay assistance and travel assistance programs



LEUKEMIA &  
LYMPHOMA  
SOCIETY®

fighting blood cancers

## Lymphoma Research Foundation

[lymphoma.org](http://lymphoma.org)

800-500-9976

- Free Lymphoma Helpline
- Lymphoma Support Network for one-to-one peer support
- Clinical Trials Information Service
- Educational programs, webcasts and podcasts
- Focus On Lymphoma, only mobile app for people with lymphoma

LYMPHOMA

RESEARCH • FOUNDATION

## National CML Society

[nationalcmlsociety.org](http://nationalcmlsociety.org)

877-431-2573

- CML Connection™ nationwide support group network
- Patient counseling, peer matching, and caregiver support services
- Patient Assistance Programs navigation
- Retreats and Wellness Events
- Ask the CML Experts™ portal



THE NATIONAL  
CML SOCIETY

Please remember that the first and best resource for any questions or concerns you may have about living with Leukemia or Lymphoma is your healthcare team. Bristol-Myers Squibb is not affiliated with nor endorses these organizations, and the contact information above does not suggest endorsement.