# Are you or a loved one dealing with leukemia or lymphoma?

A diagnosis of leukemia or lymphoma can be overwhelming for you and those closest to you. But, know that you are not alone. There are people and organizations that can help.



### You may have questions about:



Treatment Options



Managing Side Effects



Handling Job Responsibilities



Coping With Symptoms



Understanding the Diagnosis



Caring for Family



Managing the Cost of Care



#### **BE AN ADVOCATE**

## Patient advocacy organizations can help you with:

- **Educational Materials**
- ▼ Free Professional Counseling Services
- ▼ Understanding Insurance Benefits
- ▼ Financial & Transportation Assistance
- ▼ Finding Clinical Trials Near You
- **▼** Connecting With Other Patients

Resources available for patients & caregivers

#### **ASK QUESTIONS**

What are some resources available to me? Let patient advocacy organizations help. Details on back.



## Cancer Care cancer care.org

- Counseling and support groups
- Community in-person and online education workshops
- Financial assistance



## Cancer Support Community cancersupportcommunity.org 888-793-9355

- Frankly Speaking About Cancer® booklets & webinars
- Cancer Support Helpline telephone support
- In-person support groups, education, healthy lifestyle workshops
- Online Cancer Experience Registry



#### Leukemia & Lymphoma Society Ils.org 800-955-4572

- Speak one-on-one with an expert Information Specialist and clinical trial nurse navigator
- Peer-to-peer support program and in-person support groups
- Weekly online chat for caregivers
- Disease information booklets and web programs
- Co-pay assistance and travel assistance programs



#### Lymphoma Research Foundation lymphoma.org 800-500-9976

- Free Lymphoma Helpline
- Lymphoma Support Network for one-to-one peer support
- Clinical Trials Information Service
- Educational programs, webcasts and podcasts
- Focus On Lymphoma, only mobile app for people with lymphoma



## National CML Society nationalcmlsociety.org 877-431-2573

- CML Connection<sup>™</sup> nationwide support group network
- Patient counseling, peer matching, and caregiver support services
- Patient Assistance Programs navigation
- Retreats and Wellness Events
- Ask the CML Experts<sup>™</sup> portal



Please remember that the first and best resource for any questions or concerns you may have about living with Leukemia or Lymphoma is your healthcare team. Bristol-Myers Squibb is not affiliated with nor endorses these organizations, and the contact information above does not suggest endorsement.

© 2017 Bristol-Myers Squibb Company ONCUS1702645-01-01 07/17