

Are you or a loved one living with Melanoma?

A diagnosis of melanoma can be overwhelming for you and those closest to you. But, know that you are not alone. There are people and organizations that can help.



You may have questions about:

- Treatment Options
- Understanding the Diagnosis
- Managing Side Effects
- Handling Job Responsibilities
- Managing Cost of Care
- Coping with Symptoms
- Caring for Family
- Continuing Daily Activities

Patient advocacy organizations can help provide resources to patients and caregivers:

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|  Educational Materials |  Financial and Transportation Assistance |
|  Free Professional Counseling Services |  Finding Clinical Trials Near You |
|  Understanding Insurance Benefits |  Connecting with Other Patients |

Be your own advocate.

Ask questions. Seek help.
Find a list of patient and caregiver resources on back.

Select Melanoma Patient and Caregiver Resources

AIM at Melanoma Foundation

aimatmelanoma.org



- Educational symposiums for patients and caregivers
- One-on-one telephone or e-mail access with an oncology nurse (877-246-2635)
- Tool to search for melanoma specialists
- Online and local support groups

Melanoma International Foundation

melanomainternational.org

866-463-6663



- Scientifically validated book and other resources shipped free to patients/caregivers
- Printable cards on coping and risk factors for melanoma
- Educational webinars and online forum for both caregiver and patient
- Clinical trial matching and side effect management for new therapies

CancerCare

cancercares.org

800-813-HOPE (4673)



- Counseling and support groups
- Community in-person and online workshops
- Financial assistance

Melanoma Research Alliance

curemelanoma.org

- Informational webinars
- Patient-friendly, educational infographics
- Links to information about patient assistance and social support programs



Cancer Support Community (CSC)

cancersupportcommunity.org

888-793-9355



- *Frankly Speaking About Cancer* booklets and webinarss
- Cancer support helpline telephone support
- In-person support groups, education, and healthy lifestyle workshops
- Online cancer experience registry

Melanoma Research Foundation

melanoma.org

800-673-6460



- Professional helpline and ask-a-nurse program
- Educational symposia, webinars and materials for patients and caregivers
- Online, interactive patient and caregiver forum
- Phone buddy program pairing patients with survivors

Please remember that the first and best resource for any questions or concerns you may have about living with melanoma is your healthcare team. Bristol Myers Squibb is not affiliated with nor endorses these organizations, and the contact information above does not suggest endorsement.